

# Fundación MAPFRE

## REAR-FACING CAR SEATS FOR BABIES WITH SPECIAL NEEDS. HOW TO CHOOSE THE MOST APPROPRIATE OPTION

Rear-facing car seats (group 0 to 0+) provide greater protection for babies with special medical needs but the baby must always be in a semi-reclined position



### Size

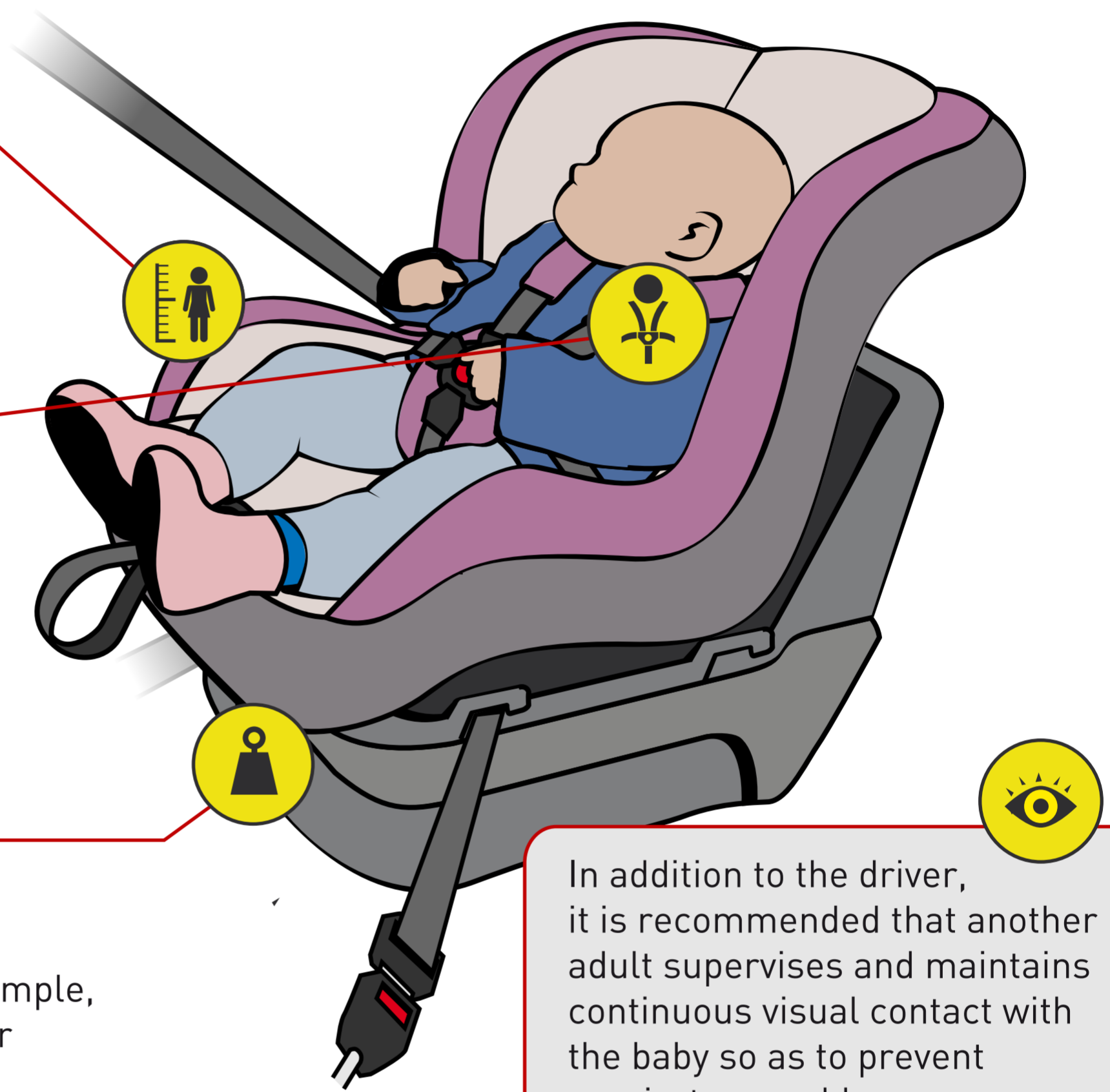
Smaller seats with small harnesses are recommended

### Harnesses

The top harness straps must come out of the seat's back support at shoulder level or slightly below the shoulders

### Approved weight

Check the minimum weight for which the seat has been approved. In the USA for example, many seats are approved for a minimum weight of 2.3 kg



In addition to the driver, it is recommended that another adult supervises and maintains continuous visual contact with the baby so as to prevent respiratory problems

### Shields and trays

Avoid car seats with shields and trays in front of the baby's face

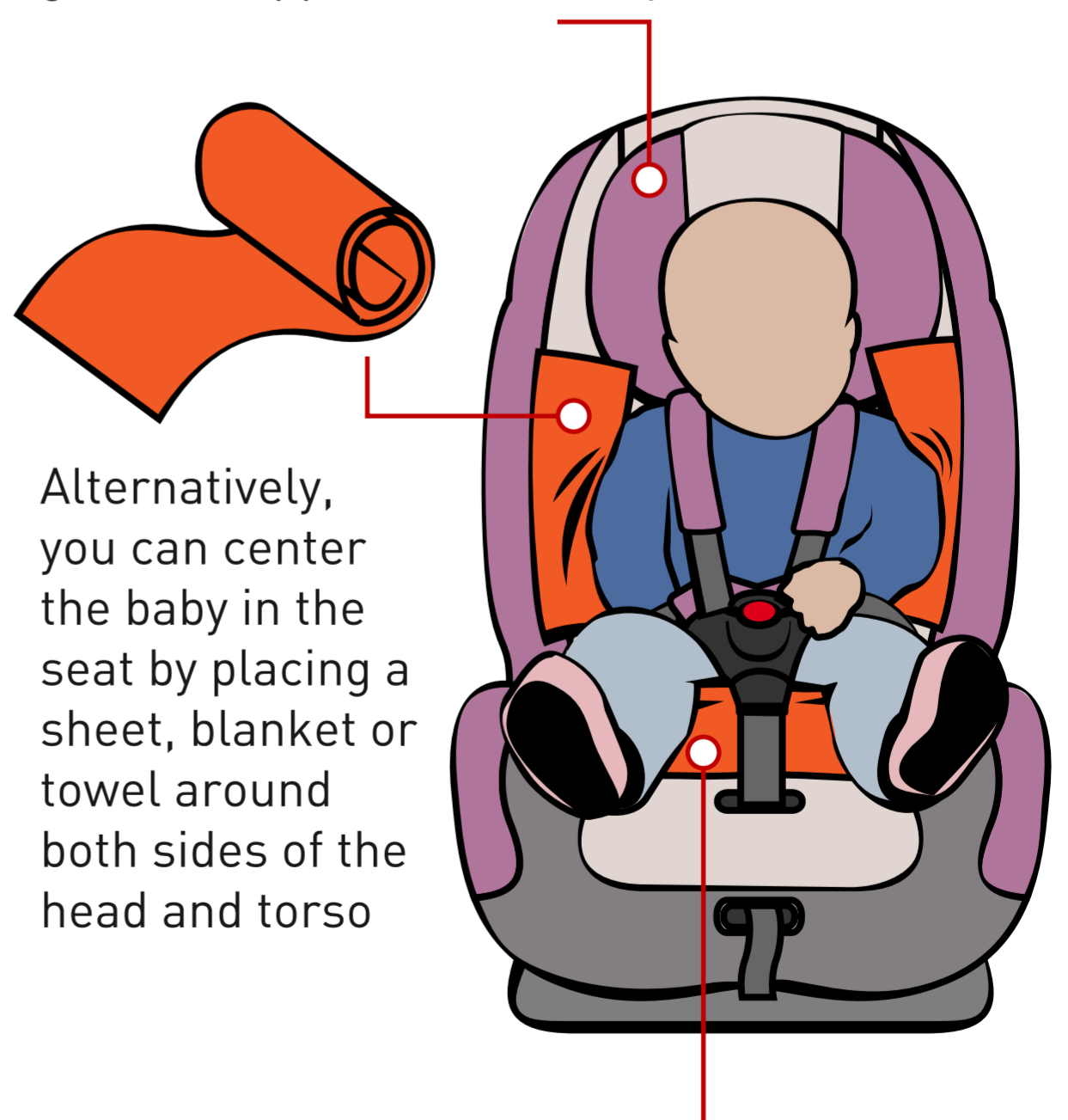


### Position of back support

It is recommended that you keep the back support in an appropriate inclined position while traveling, especially during the first months

### Side cushioning

Seats with side cushioning provide greater support for the baby's head



Alternatively, you can center the baby in the seat by placing a sheet, blanket or towel around both sides of the head and torso

To stop the baby sliding forward, you can also place the sheet, blanket or towel between the baby and the harness strap between the legs