

Fundación MAPFRE

TIPS FOR TRAVELING WITH A CHILD WITH SPECIAL NEEDS

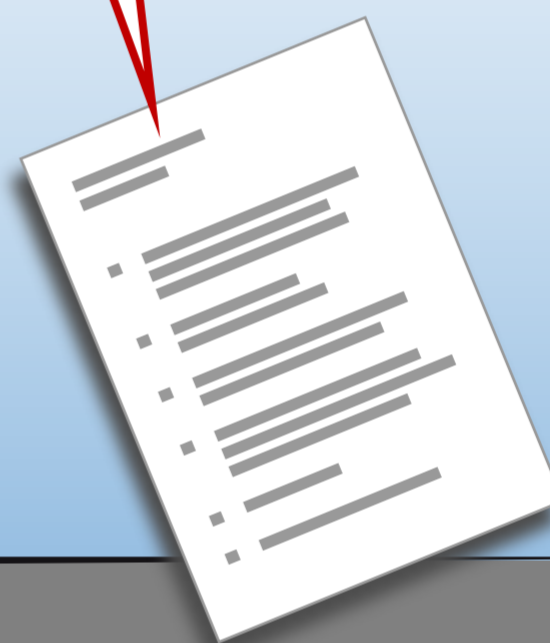


Make frequent stops

You should make frequent stops so that the child can relax and to avoid limb numbness in the case of children with mobility issues

Have an action plan in case of emergency during the trip

Parents should carry a written "contingency plan" in the vehicle, drawn up in consultation with the child's doctor, so that if the emergency services need to intervene they know how to take care of the child



Carry a medical kit

You should prepare a case with specific medication for the child to take if necessary. Add a brief description of the contents of the kit

Sit with the child in the back seat

The adult who is looking after the child must sit with him/her in the back seat to entertain the child, make the journey more pleasant and help the child if necessary



Have a fully charged cell phone and enough batteries

If the child needs to use an electronic device during the journey, check that you have double the batteries required for the recommended use